

	Interval 1			Interval 2			Interval 3			Interval 4		
	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6	Lap 7	Lap 8	Lap 9	Lap 10	Lap 11	Lap 12
	0.22-Mile	0.44-Mile	0.67-Mile	0.89-Mile	1.11-Mile	1.33-Mile	1.56-Mile	1.78-Mile	2.00-Mile	2.22-Mile	2.44-Mile	2.67-Mile
Chris	Long	Long	Long	Long	Long	Long	Long	Long	Long	Long	Long	Long
	01:14	02:28	03:41	01:14	02:28	03:41	01:14	02:28	03:41	01:14	02:28	03:41
Matthew	Long	Long	Long	Long	Long	Long	Long	Long	Long	Long	Long	Long
	01:29	02:57	04:26	01:29	02:57	04:26	01:29	02:57	04:26	01:29	02:57	04:26
Bryson	Long	Long	Long	Long	Long	Long	Long	Long	Long	Long	Long	Long
	01:22	02:44	04:07	01:22	02:44	04:07	01:22	02:44	04:07	01:22	02:44	04:07
Peter	Long	Long	Long	Long	Long	Long	Long	Long	Long	Long	Long	Long
	01:33	03:05	04:38	01:33	03:05	04:38	01:33	03:05	04:38	01:33	03:05	04:38
Ben	Long	Long	Long	Long	Long	Long	Long	Long	Long	Long	Long	Long
	01:31	03:01	04:32	01:31	03:01	04:32	01:31	03:01	04:32	01:31	03:01	04:32
Kason	Long	Long	Long	Long	Long	Long	Long	Long	Long	Long	Long	Long
	01:31	03:01	04:32	01:31	03:01	04:32	01:31	03:01	04:32	01:31	03:01	04:32
Tom	Long	Long	Long	Long	Long	Long	Long	Long	Long	Long	Long	Long
	01:41	03:22	05:03	01:41	03:22	05:03	01:41	03:22	05:03	01:41	03:22	05:03
Maia	Long	Long	Long	Long	Long	Long	Long	Long	Long	Long	Long	Long
	01:45	03:31	05:16	01:45	03:31	05:16	01:45	03:31	05:16	01:45	03:31	05:16
Emily	Long	Long	Long	Long	Long	Long	Long	Long	Long	Long	Long	Long
	01:43	03:27	05:10	01:43	03:27	05:10	01:43	03:27	05:10	01:43	03:27	05:10
Isaiah	Long	Long	Long	Long	Long	Long	Long	Long	Long	Long	Long	Long
	01:37	03:14	04:51	01:37	03:14	04:51	01:37	03:14	04:51	01:37	03:14	04:51
Adam	Long	Long	Long	Long	Long	Long	Long	Long	Long	Long	Long	Long
	01:45	03:31	05:16	01:45	03:31	05:16	01:45	03:31	05:16	01:45	03:31	05:16
Landon	Long	Long	Long	Long	Long	Long	Long	Long	Long	Long	Long	Long
	01:50	03:39	05:29	01:50	03:39	05:29	01:50	03:39	05:29	01:50	03:39	05:29
Alayna	Long	Long	Long	Long	Long	Long	Long	Long	Long	Long	Long	Long
	01:53	03:45	05:38	01:53	03:45	05:38	01:53	03:45	05:38	01:53	03:45	05:38
Sophia	Long	Long	Long	Long	Long	Long	Long	Long	Long	Long	Long	Long
	01:56	03:52	05:48	01:56	03:52	05:48	01:56	03:52	05:48	01:56	03:52	05:48
Kayleah	Long	Long	Long	Long	Long	Long	Long	Long	Long			
	02:00	04:00	06:00	02:00	04:00	06:00	02:00	04:00	06:00			
Isabel	Long	Long	Long	Long	Long	Long	Long	Long	Long			
	01:56	03:52	05:47	01:56	03:52	05:47	01:56	03:52	05:47			
Luke	Long	Long	Long	Long	Long	Long	Long	Long	Long	Long	Long	Long
	02:02	04:04	06:07	02:02	04:04	06:07	02:02	04:04	06:07	02:02	04:04	06:07
Owen	Long	Long	Long	Long	Long	Long	Long	Long	Long	Long	Long	Long
	02:14	04:28	06:41	02:14	04:28	06:41	02:14	04:28	06:41	02:14	04:28	06:41
Hope	Long	Long	Long	Long	Long	Long	Long	Long	Long	Long	Long	Long
	01:58	03:56	05:54	01:58	03:56	05:54	01:58	03:56	05:54	01:58	03:56	05:54
Izzie	Long	Long	Long	Long	Long	Long	Long	Long	Long			
	02:25	04:50	07:15	02:25	04:50	07:15	02:25	04:50	07:15			