2025 LAUREL KNIGHTHAWKS TRACK & FIELD ATHLETE SURVEY

In an effort to better serve our Middle School and Varsity Track & Field athletes, please list the following events in order of interest to you (e.g., 1 representing your favorite/most important event, 2 representing your second favorite/most important event, 3). Also, identify events that you do not want to participate in with an "X". You may leave events blank. Also provide any additional information that may assist coaches to develop training programs and race day rosters. Return the completed form to any coach

coach. Responding to this survey should not be considered as "signing up" for an event, being "required" to participate in any event, or a "quarantee" of being on the race day roster for a specific event. The intent of this survey is to provide the coaches a better idea of each athlete's interests and goals. As the season progresses, communicate to your coach(es) if your interests or goals change. 100/110 Hurdles 100 Meter Dash High Jump 300 Meter Hurdles 200 Meter Dash Long Jump 400 Meter Dash Triple Jump Shot Put 800 Meter Run 1600 Meter Run Discus 3200 Meter Run Provide any additional information for your coach here (e.g. goals):

Athlete Name: